

## **APPETIZERS**

Caramelized onions with brie and toast  
7.50

Chevre and olives with balsamic vinegar  
and olive oil.  
7.50

Toast with tofu pate and avocado  
5.50

### **HOUSE SOUP**

Our soup changes often and comes with  
bread or toast.

Bowl 16oz 6.50 Cup 10oz 4.50

### **HOUSE SALAD**

Fresh crisp greens with grated carrots and  
red cabbage. Choice of pineapple  
balsamic vinegar or Lapdog dressing.  
6.50

### **TACO SALAD**

TVP, brown rice, and Mexican spices on  
greens with refried beans, salsa, and our  
dilly of a sauce topped with cheddar  
cheese and corn chips. Make it vegan by  
taking away the dilly sauce and cheese  
and adding tofu pate

Vegan or no 8.50

*take out available · 541-996-2390*

## **SANDWICHES AND WRAPS**

### **THE CHRISTOPHER REEVES**

Fresh baked bread piled high with wafer  
thin slices of cucumber, onion, and  
apples with crisp lettuce drizzled with  
Lapdog dressing and a light spread of  
tofu pate.

Vegan 7.00 add cheddar 7.75

### **THE FOUR STAR**

Aunt Mary's ho-made humus, grated  
carrots, olive tapenade, and lettuce with  
Lapdog dressing on fresh baked bread.

Vegan 7.00

### **F\*\*\* ME, THAT'S GOOD!**

Grilled cheese with pineapple, garlic and  
a dilly of a sauce.

7.50

### **HUMUS WRAP**

A crisped flour tortilla with cream cheese  
pineapple, humus, grated carrots, lettuce  
and Lapdog dressing all wrapped up tight.  
Take away the cream cheese to veganize  
it.

7.50 Vegan 7.00

### **MEXI WRAP**

A flour tortilla crisped and rolled with  
TVP, brown rice, cheddar cheese, refried  
beans, salsa, lettuce and our dilly of a  
sauce. Take away the cheddar and dilly  
sauce and add tofu pate to make it vegan.

7.75 Vegan 7.50

## **DINNER**

### **TAMALE PIE**

Layers of polenta, seasonal vegetables  
refried beans, TVP, brown rice, corn  
tortillas and salsa baked and served with  
corn chips.

Vegan 8.75 add cheddar 9.25

### **THE MORNING WOOD**

Grilled polenta and seasonal vegetables  
on greens with pineapple vinaigrette,  
kalamata olives, walnuts, cranberries and  
a dollop of tofu pate and roasted corn  
tortillas.

Vegan 9.50

### **THE LAPDOG**

Mixed greens with seasonal vegetables  
and brown rice tossed in Lapdog dressing  
and served with toast.

Vegan 8.75

### **YUMMY FUN BAGS**

4 cheese and potato pierogies and  
seasonal vegetables cooked with onions  
and olive oil.

8.50

### **VEGI STIR FRY**

Carrots, red cabbage, onions and other  
seasonal vegetables with pineapple  
cooked in a citrus garlic broth served on  
brown rice and a dab of tofu pate.

Vegan 8.50

*call in advance for parties of 6 or more*

**HOT DRINKS**      **12oz**   **16oz**

Tazo Tea	1.25	
Coffee	1.25	1.50
Vegan chocolate coffee	1.50	1.75
Poor man's latte	1.50	1.75
Poor man's mocha	1.75	2.00
Flavor	.25	.50
Rice milk	.50	.75

**ICED DRINKS**      **20oz**

Coffee	1.50
Chocolate Coffee	1.75
Poor man's latte	1.75
Poor man's mocha	2.00
Italian Soda	2.75

**OTHER DRINKS**

Dry Soda	2.25
Martinelli's sparkling apple juice	2.00
Rockstar	2.25
Bottled water	1.00
Pop	1.00

*Beer and wine available. Please ask your server for our current selection.*

## *Aunt Mary's*

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**Aunt Mary uses the finest and freshest ingredients available. Her food is mostly organic, local when available and always delicious. And as a rule, Aunt Mary always tries to use US grown food.**

- **We serve Equator Organic Coffee.**
- **We use fresh, locally baked bread.**
- **We use local greens when when available.**

<i>Sunday</i>	<i>noon – 6pm</i>
<i>Monday</i>	<i>noon – 6pm</i>
<i>Tuesday</i>	<i>noon – 6pm</i>
<i>Wednesday</i>	<i>noon – 10pm</i>
<i>Thursday</i>	<i>noon – 10pm</i>
<i>Friday</i>	<i>noon – midnight</i>
<i>Saturday</i>	<i>noon – midnight</i>

**541-996-2390**

## *Aunt Mary's*

*simple and seasonal  
vegetarian food*

*located at the corner of nw  
14<sup>th</sup> and highway 101*

*1347 NW Hwy 101  
Lincoln City, OR*

**541-996-2390**

*take out available  
must be 18 and over to dine in*